

You're receiving this email because of your relationship with The Human Factor, Inc.

You may [unsubscribe](#) if you no longer wish to receive our emails.

*Newsletter Issue # 7  
Celebrating 2008 & getting ready for 2009!*



**THE HUMAN FACTOR, Inc.**

...optimizing human assets to achieve organizational success

[View Website](#)

(858) 401-9380

It's that time of year.....



Spend time with those you love, celebrate the joys of the season, savor moments of quiet, indulge in delicious bites and frosty beverages...

**Wishing you and yours Happy Holidays!**



Check out Holly's latest blogs [www.morethanaminute/morethanablog](http://www.morethanaminute/morethanablog) to get even more specifics on staying

## Celebrating 2008 & preparing for the new year

This week, sending sincere wishes for joyful holidays and hoping you find some time to wrap up the year and rejuvenate. It's a great time to refocus your energies and determine what is truly important to you in 2009.

### What are you most proud of for 2008?

- When did you have the most energy?
- What big surprises came your way?
- Who supported you through it all?
- What are the most significant learnings you had?

### and for 2009 and beyond...

- What does winning look like in the new year?
- Where will you invest your energy?
- What three to five core strategies will most support you?
- What should you continue to focus on, stop doing and what new things should you start?
- How can you create more energy in reaching your destination by involving and engaging others in supporting you to achieve your goals and objectives?
- Is there anything in your way that needs to be moved, eliminated or minimized?
- How can you find the learning in all you do?



## Answer to last edition's Who said this?:

"If you do not know where you are going, every

focused and maintaining your success. road will get you nowhere?" **Henry Kissinger**

<a href="#">View Website</a>	<a href="#">(858) 401-9380</a>
------------------------------	--------------------------------

[Please forward to 3 colleagues.](#)

✉ **SafeUnsubscribe**®

This email was sent to holly@thehumanfactor.biz by [holly@thehumanfactor.biz](mailto:holly@thehumanfactor.biz).  
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe](#)™ | [Privacy Policy](#).

Email Marketing by



The Human Factor, Inc. | 12645 Picrus Street | San Diego | CA | 92129